

AL1A 1º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta	
8:45						
9:00						
9:00	9.00	9.00	9.00	9.00	9.00	
9:15	EMRC AL1A 10.00	MAT AL1A 10.00	MAT AL1A 9.30	MAT AL1A 10.30	Port AL1A 10.30	
9:15			9.30			
9:30			9.30			
9:30			9.30			
9:45			9.30			
9:45			9.30			
10:00	10.00	10.00	10.00	10.00		
10:00			10.00			
10:15			Port AL1A			
10:15						
10:30		10.30	10.30	10.30	10.30	
10:30	10.30					
10:45						
10:45						
11:00						
11:00	Port AL1A 12.15	11.00	11.00	11.00	11.00	
11:15		Est Meio AL1A 12.00	MAT AL1A 12.15	Port AL1A 12.15	MAT AL1A 12.15	
11:15						11.00
11:30						11.00
11:30						11.00
11:45						11.00
11:45	11.00					
12:00	12.00	12.00	12.00	12.00		
12:00		12.00				
12:15	12.15	A.TURMA 12.15	12.15	12.15	12.15	
12:15						
12:30						
12:30						
12:45						
12:45						
13:00						
13:00						
13:15						
13:15						
13:30						
13:30						
13:45						
13:45						
14:00						
14:00	14.00	14.00	14.00	14.00	14.00	
14:15	MAT AL1A 15.00	Port AL1A 15.00	Port AL1A 15.00	.EDA-EVT AL1A 15.00	AE AL1A 15.00	
14:15						14.00
14:30						14.00
14:30						14.00
14:45						14.00
14:45						14.00
15:00	15.00	15.00	15.00	15.00	15.00	
15:00	15.00	15.00	15.00	15.00	15.00	
15:15	Est Meio AL1A 16.00	.EF AL1A 16.00	.EDA-EDM AL1A 16.00	AEC-AFD AL1A 16.00	Est Meio AL1A 16.00	
15:15						15.00
15:30						15.00
15:30						15.00
15:45						15.00
15:45						15.00
16:00	16.00	16.00	16.00	16.00	16.00	
16:00						
16:15						

AL1A 1º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	OC	AEC-EXP	AEC-ING	AEC-EXP	AEC-AFD
17:00 17:15	AL1A	AL1A	AL1A	AL1A	AL1A
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL1B 1º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45					
9:00					
9:00	9.00	9.00	9.00	9.00	9.00
9:15					
9:15					
9:30			EMRC AL1B		
9:30					
9:45	Port AL1B	MAT AL1B		MAT AL1B	Port AL1B
9:45					
10:00			10.00		
10:00					
10:15					
10:15					
10:30	10.30	10.30		10.30	10.30
10:30			10.30		
10:45					
10:45					
11:00					
11:00	11.00	11.00		11.00	11.00
11:15					
11:15			MAT AL1B		
11:30		.EF AL1B		Port AL1B	Port AL1B
11:30	MAT AL1B				
11:45					
11:45					
12:00		12.00			
12:00		12.00			
12:15	12.15	A.TURMA 12.15	12.15	12.15	12.15
12:15					
12:30					
12:30					
12:45					
12:45					
13:00					
13:00					
13:15					
13:15					
13:30					
13:30					
13:45					
13:45					
14:00					
14:00	14.00	14.00	14.00	14.00	14.00
14:15					
14:15					
14:30	Est Meio AL1B	AE AL1B	.EDA-EDM AL1B	MAT AL1B	Est Meio AL1B
14:30					
14:45					
14:45					
15:00	15.00	15.00	15.00	15.00	15.00
15:00	15.00	15.00	15.00	15.00	15.00
15:15	Port AL1B				
15:15					
15:30	15.30	AEC-AFD AL1B	Est Meio AL1B	.EDA-EVT AL1B	Port AL1B
15:30	15.30				
15:45	AE AL1B				
15:45					
16:00	16.00	16.00	16.00	16.00	16.00
16:00					
16:15					

AL1B 1º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-EXP AL1B	AEC-ING AL1B	OC AL1B	AEC-AFD AL1B	AEC-EXP AL1B
17:00 17:15					
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL2C 2º ANO - TURMA C ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45					
9:00					
9:00	9.00	9.00	9.00	9.00	9.00
9:15					
9:15					
9:30		EMRC AL2C			.EF AL2C
9:30					
9:45	MAT AL2C		MAT AL2C	.Port AL2C	
9:45					
10:00		10.00			10.00
10:00					10.00
10:15					AE AL2C
10:15					
10:30	10.30		10.30	10.30	10.30
10:30		10.30			
10:45					
10:45					
11:00		.EDA-EDM AL2C			
11:00	11.00		11.00	11.00	11.00
11:15					
11:15					
11:30	Est Meio AL2C	11.30		.EDA-EVT AL2C	.Port AL2C
11:30		11.30	MAT AL2C		
11:45		MAT AL2C			
11:45					
12:00	12.00	12.00		12.00	
12:00	12.00 MAT	12.00 .Port		12.00 A.TURMA	
12:15	12.15	12.15	12.15	12.15	12.15
12:15					
12:30					
12:30					
12:45					
12:45					
13:00					
13:00					
13:15					
13:15					
13:30					
13:30					
13:45					
13:45					
14:00					
14:00	14.00	14.00	14.00	14.00	14.00
14:15					
14:15					
14:30	Est Meio AL2C	MAT AL2C	.Port AL2C	.Port AL2C	Est Meio AL2C
14:30					
14:45					
14:45					
15:00	15.00	15.00	15.00	15.00	15.00
15:00	15.00	15.00	15.00	15.00	15.00
15:15					
15:15					
15:30	.Port AL2C	Port AL2C	AEC-AFD AL2C	MAT AL2C	AE AL2C
15:30					
15:45					
15:45					
16:00	16.00	16.00	16.00	16.00	16.00
16:00					
16:15					

AL2C 2º ANO - TURMA C ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-AFD AL2C	OC AL2C	AEC-EXP AL2C	AEC-ING AL2C	AEC-EXP AL2C
17:00 17:15					
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL2A 2º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45					
9:00					
9:00	9.00	9.00	9.00	9.00	9.00
9:15					
9:15					
9:30				.EDA-EDM AL2A	EMRC AL2A
9:30					
9:45	MAT AL2A	.Port AL2A	MAT AL2A		
9:45					
10:00				10.00	10.00
10:00					
10:15				10.00 AE AL2A	10.00 MAT AL2A
10:15					
10:30	10.30	10.30	10.30	10.30	10.30
10:30					
10:45					
10:45					
11:00					
11:00	11.00	11.00	11.00	11.00	11.00
11:15					
11:15					
11:30	.Port AL2A	MAT AL2A	.Port AL2A	.EF AL2A	MAT AL2A
11:30					
11:45					
11:45					
12:00				12.00	
12:00					
12:15	12.15	12.15	12.15	12.00 A.TURMA 12.15	12.15
12:15					
12:30					
12:30					
12:45					
12:45					
13:00					
13:00					
13:15					
13:15					
13:30					
13:30					
13:45					
13:45					
14:00					
14:00	14.00	14.00	14.00	14.00	14.00
14:15					
14:15					
14:30	.EDA-EVT AL2A	Est Meio AL2A	Est Meio AL2A	MAT AL2A	Est Meio AL2A
14:30					
14:45					
14:45					
15:00	15.00	15.00	15.00	15.00	15.00
15:00					
15:15					
15:15					
15:30	AEC-AFD AL2A	.Port AL2A	.Port AL2A	OC AL2A	Port AL2A
15:30					
15:45					
15:45					
16:00	16.00	16.00	16.00	16.00	16.00
16:00					
16:15					

AL2A 2º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15					
16:30					
16:30	16.30	16.30	16.30	16.30	16.30
16:45					
16:45					
17:00	AEC-ING AL2A	AEC-EXP AL2A	AEC-AFD AL2A	AEC-EXP AL2A	AE AL2A
17:00					
17:15					
17:15					
17:30	17.30	17.30	17.30	17.30	17.30

AL2B 2º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45					
9:00					
9:00	9.00	9.00	9.00	9.00	9.00
9:15	EMRC AL2B 10.00	.Port AL2B 10.30	MAT AL2B 10.30	AE AL2B 9.30	MAT AL2B 10.30
9:15				9.30	
9:30					
9:30					
9:45					
9:45					
10:00	.EF AL2B				
10:00					
10:15					
10:15		10.30	10.30	10.30	10.30
10:30	10.30				
10:30	MAT AL2B 11.00				
10:45					
10:45					
11:00	11.00	11.00	11.00	11.00	11.00
11:15	.Port AL2B 12.15	Est Meio AL2B 12.00	.Port AL2B 12.15	MAT AL2B 12.15	MAT AL2B 12.15
11:15					
11:30					
11:30					
11:45					
11:45					
12:00	12.00	12.00	12.00	12.00	12.00
12:00		12.00			
12:00		A.TURMA			
12:15	12.15	12.15	12.15	12.15	12.15
12:15					
12:30					
12:30					
12:45					
12:45					
13:00					
13:00					
13:15					
13:15					
13:30					
13:30					
13:45					
13:45					
14:00					
14:00	14.00	14.00	14.00	14.00	14.00
14:15	Port AL2B 15.00	.EDA-EDM AL2B 15.00	AE AL2B 15.00	Est Meio AL2B 15.00	Est Meio AL2B 15.00
14:15					
14:30					
14:30					
14:45					
14:45					
15:00	15.00	15.00	15.00	15.00	15.00
15:00	15.00	15.00	15.00	15.00	15.00
15:15	.EDA-EVT AL2B 16.00	.Port AL2B 16.00	.Port AL2B 16.00	MAT AL2B 16.00	AEC-AFD AL2B 16.00
15:15					
15:30					
15:30					
15:45					
15:45					
16:00	16.00	16.00	16.00	16.00	16.00
16:00					
16:15					

AL2B 2º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	OC	AEC-AFD	AEC-EXP	AEC-EXP	AEC-ING
17:00 17:15	AL2B	AL2B	AL2B	AL2B	AL2B
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL3A 3º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45					
9:00					
9:00	9.00	9.00	9.00	9.00	9.00
9:15					
9:15					
9:30		EMRC AL3A			MAT AL3A
9:30					
9:45	.PLNM AL3B		.PLNM AL3B	MAT AL3A	
9:45					
10:00		10.00			10.00
10:00					10.00
10:15					Port AL3A
10:15					
10:30	10.30		10.30	10.30	10.30
10:30		10.30			
10:45		AE AL3A			
10:45					
11:00		11.00			
11:00	11.00	11.00	11.00	11.00	11.00
11:15					
11:15					
11:30		.PLNM AL3B	MAT AL3A	.PLNM AL3B	.EF AL3A
11:30	MAT AL3A				
11:45					
11:45					
12:00		12.00		12.00	12.00
12:00		12.00		12.00	12.00
12:15	12.15	Port 12.15	12.15	Port 12.15	A.TURMA 12.15
12:15					
12:30					
12:30					
12:45					
12:45					
13:00					
13:00					
13:15					
13:15					
13:30					
13:30					
13:45					
13:45					
14:00					
14:00	14.00	14.00	14.00	14.00	14.00
14:15					
14:15					
14:30	.PLNM AL3B	MAT AL3A	Est Meio AL3A	Ing AL3A	MAT AL3A
14:30					
14:45					
14:45					
15:00	15.00	15.00	15.00	15.00	15.00
15:00	15.00	15.00	15.00	15.00	15.00
15:15					
15:15					
15:30	Est Meio AL3A	.EDA-EDM AL3A	AEC-MOV AL3A	AEC-EXP AL3A	.EDA-EVT AL3A
15:30					
15:45					
15:45					
16:00	16.00	16.00	16.00	16.00	16.00
16:00					
16:15					

AL3A 3º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-MOV AL3A	Est Meio AL3A	AEC-EXP AL3A	AEC-AFD AL3A	Ing AL3A
17:00 17:15					
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL3B 3º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45					
9:00					
9:00	9.00	9.00	9.00	9.00	9.00
9:15					
9:15					
9:30		.EDA-EDM AL3B			Ing AL3B
9:30					
9:45	.Port AL3B		.Port AL3B	MAT AL3B	
9:45					
10:00		10.00			10.00
10:00		10.00			
10:15		Port AL3B			
10:15					
10:30	10.30	10.30	10.30	10.30	
10:30					10.30
10:45					
10:45					
11:00					Est Meio AL3B
11:00	11.00	11.00	11.00	11.00	
11:15					
11:15					
11:30		.Port AL3B		.Port AL3B	11.30
11:30	MAT AL3B		MAT AL3B		11.30
11:45					AE AL3B
11:45					
12:00		12.00		12.00	12.00
12:00		12.00		12.00	12.00
12:15	12.15	Port 12.15	12.15	Port 12.15	A.TURMA 12.15
12:15					
12:30					
12:30					
12:45					
12:45					
13:00					
13:00					
13:15					
13:15					
13:30					
13:30					
13:45					
13:45					
14:00					
14:00	14.00	14.00	14.00	14.00	14.00
14:15					
14:15					
14:30	.Port AL3B	MAT AL3B	Ing AL3B	Est Meio AL3B	MAT AL3B
14:30					
14:45					
14:45					
15:00	15.00	15.00	15.00	15.00	15.00
15:00	15.00	15.00	15.00	15.00	15.00
15:15					
15:15					
15:30	AEC-MOV AL3B	Est Meio AL3B	AEC-EXP AL3B	MAT AL3B	.EF AL3B
15:30					
15:45					
15:45					
16:00	16.00	16.00	16.00	16.00	16.00
16:00					
16:15					

AL3B 3º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-EXP AL3B	AEC-AFD AL3B	AEC-MOV AL3B	EMRC AL3B	.EDA-EVT AL3B
17:00 17:15					
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL4A 4º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45					
9:00					
9:00	9.00	9.00	9.00	9.00	9.00
9:15					
9:15					
9:30		.EDA-EDM AL4A		Ing AL4A	
9:30					
9:45	MAT AL4A		MAT AL4A		MAT AL4A
9:45					
10:00		10.00		10.00	
10:00		10.00			
10:15		AE AL4A			
10:15					
10:30	10.30	10.30	10.30		10.30
10:30				10.30	
10:45					
10:45					
11:00					
11:00	11.00	11.00	11.00		11.00
11:15					
11:15				Est Meio AL4A	
11:30	Est Meio AL4A	MAT AL4A	Port AL4A		Port AL4A
11:30					
11:45					
11:45					
12:00		12.00			
12:00		12.00			
12:15	12.15	A.TURMA 12.15	12.15	12.15	12.15
12:15					
12:30					
12:30					
12:45					
12:45					
13:00					
13:00					
13:15					
13:15					
13:30					
13:30					
13:45					
13:45					
14:00					
14:00	14.00	14.00	14.00	14.00	14.00
14:15					
14:15					
14:30	Port AL4A	Port AL4A	Port AL4A	.EDA-EVT AL4A	Ing AL4A
14:30					
14:45					
14:45					
15:00	15.00	15.00	15.00	15.00	15.00
15:00	15.00	15.00	15.00	15.00	15.00
15:15					
15:15					
15:30	AEC-MOV AL4A	.EF AL4A	MAT AL4A	Port AL4A	AEC-EXP AL4A
15:30					
15:45					
15:45					
16:00	16.00	16.00	16.00	16.00	16.00
16:00					
16:15					

AL4A 4º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-EXP AL4A	EMRC AL4A	AEC-AFD AL4A	MAT AL4A 17.00	AEC-MOV AL4A
17:00 17:15				17.00 Port AL4A	
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL4B 4º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45					
9:00					
9:00	9.00	9.00	9.00	9.00	9.00
9:15		AE			
9:15		AL4B			
9:30		9.30	EMRC		
9:30			AL4B		
9:45	MAT			MAT	MAT
9:45	AL4B			AL4B	AL4B
10:00		.EF	10.00		
10:00		AL4B			
10:15					
10:15					
10:30	10.30	10.30	10.30	10.30	10.30
10:30					
10:45					
10:45					
11:00					
11:00	11.00	11.00		11.00	11.00
11:15					
11:15			Port		
11:30		.EDA-EDM	AL4B	Port	Port
11:30	MAT	AL4B		AL4B	AL4B
11:45	AL4B				
11:45					
12:00		12.00		12.00	
12:00		12.00		12.00	
12:15	12.15	A.TURMA	12.15	MAT	12.15
12:15		12.15		12.15	12.15
12:30					
12:30					
12:45					
12:45					
13:00					
13:00					
13:15					
13:15					
13:30					
13:30					
13:45					
13:45					
14:00					
14:00	14.00	14.00	14.00	14.00	14.00
14:15					
14:15					
14:30	Port	Ing	Port	Est Meio	Port
14:30	AL4B	AL4B	AL4B	AL4B	AL4B
14:45					
14:45					
15:00	15.00	15.00	15.00	15.00	15.00
15:00					
15:15	15.00	15.00	15.00	15.00	15.00
15:15					
15:30	MAT	AEC-MOV	Est Meio	.EDA-EVT	AEC-EXP
15:30	AL4B	AL4B	AL4B	AL4B	AL4B
15:45					
15:45					
16:00	16.00	16.00	16.00	16.00	16.00
16:00					
16:15					

AL4B 4º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-AFD AL4B	AEC-EXP AL4B	Est Meio AL4B	Ing AL4B	AEC-MOV AL4B
17:00 17:15					
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL3C 3º ANO - TURMA C ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45					
9:00					
9:00	9.00	9.00	9.00	9.00	9.00
9:15					
9:15					
9:30	Ing	.EF			
9:30	AL3C	AL3C			
9:45					
9:45			MAT	.Port	MAT
10:00	10.00	10.00	AL3C	AL3C	AL3C
10:00		10.00			
10:15		AE			
10:15		AL3C			
10:30		10.30	10.30	10.30	10.30
10:30	10.30				
10:45					
10:45					
11:00					
11:00		11.00	11.00	11.00	11.00
11:15					
11:15	MAT				
11:30	AL3C	Port		.EDA-EDM	.Port
11:30		AL3C	MAT	AL3C	AL3C
11:45					
11:45					
12:00		12.00		12.00	
12:00		12.00		12.00	
12:15	12.15	.Port	12.15	A.TURMA	12.15
12:15					
12:30					
12:30					
12:45					
12:45					
13:00					
13:00					
13:15					
13:15					
13:30					
13:30					
13:45					
13:45					
14:00					
14:00	14.00	14.00	14.00	14.00	14.00
14:15					
14:15					
14:30	MAT	Est Meio	.Port	.Port	.EDA-EVT
14:30	AL3C	AL3C	AL3C	AL3C	AL3C
14:45					
14:45					
15:00	15.00	15.00	15.00	15.00	15.00
15:00	15.00	15.00	15.00	15.00	15.00
15:15					
15:15					
15:30	.Port	AEC-EXP1	Est Meio	AEC-EXP	Ing
15:30	AL3C	AL3C	AL3C	AL3C	AL3C
15:45					
15:45					
16:00	16.00	16.00	16.00	16.00	16.00
16:00					
16:15					

AL3C 3º ANO - TURMA C ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	Est Meio AL3C	AEC-MOV-1 AL3C	EMRC AL3C	AEC-MOV AL3C	AEC-AFD AL3C
17:00 17:15					
17:15 17:30	17.30	17.30	17.30	17.30	17.30